

**2016 USATF Region 2
Junior Olympic
Cross Country Championships
Schedule of Events**

Saturday, November 19, 2016

4:00pm - 6:00pm Early Team Packet & Bib
Pickup at the Hampton Inn – Parsippany

*The course is at a public park so it will be
available to view until sunset*

Sunday, November 20, 2016

7:45am – Packet & Bib Pickup

8:30am - Course Walk

9:00am - Coaches meeting at finish line

9:30am – First race starts

*Awards will be announced periodically
throughout the day when they are available
for pick up.*

**For registration questions or concerns
please contact Region 2 Rep at:
region2@regionrep.usatf.org**

**For questions about the race please contact
USATF-NJ at:
(973) 334-8900
services@usatfnj.org or usatfnj@hotmail.com**

**Updated meet information will be posted on
the USATF NJ Association website on the
youth page at: www.usatfnj.org**

**2016 National Junior Olympic Cross
Country Championships – Hoover, AL**

Advancements

The National entry fee is \$20.00 per
athlete. Individuals that place in the Top
30 in each age/gender category and the
Top 5 Teams in the Regional Meet will
qualify to advance. Participant numbers
are fixed and no alternate athletes may
advance if qualifying athletes or teams
choose not to enter the National
Championships.

Age Requirement

Athletes must be at least seven (7) years
of age on December 31 of the current year
to compete at the Junior Olympic National
Cross Country Championship.

Registration Information

The National Junior Olympic Cross
Country Championships will be held on
Saturday December 10, 2016 in Hoover,
Alabama. More information in regards to
this meet will be available at:
[http://www.usatf.org/Events---
Calendar/2016/USATF-National-Junior-
Olympic-Cross-Country-Ch.aspx](http://www.usatf.org/Events---Calendar/2016/USATF-National-Junior-Olympic-Cross-Country-Ch.aspx)

**2016 USATF
Region 2
Junior Olympic
Cross Country
Championships**

**Mid Atlantic, New
Jersey, Niagara &
Three Rivers**



USATF™
NEW JERSEY

**November 20, 2016
Central Park of Morris
County, Morris Plains, NJ**

Hosted by USATF-NJ
Managing Director- Terry Mullane
www.usatfnj.org

Registration Information

Meet Entry Information

The Regional entry fee is \$15 per athlete. All individuals and teams that compete in their association championship meet, are eligible to advance to the Region 2 Cross Country Championships. All advancements must be completed and paid for online after their Association Meet.

Registration for the Region 2 Meet opens on 11/6 at 12:00am and closes at 11/17 at 9:00pm. To register for the meet visit: <http://www.athletic.net/Help/CrossCountry.aspx?Meet=127275>

Team Scoring

All teams must represent current USATF Association member clubs, and athletes competing for those clubs must be attached to their club prior to participation in their Association Championships. All members of the same club listed on the team declaration roster at the Association Championships are eligible to compete on the club's team (minimum of five, maximum of eight) in the Regional Meet.

There is a new rule change to team scoring for the two oldest age divisions, 15-16 and 17-18. Those age divisions run and place in their respective age divisions, but may score as a team. This new division of 15-18 is for team scoring purposes only.

Uniforms

Each competitor on a qualifying team must have a jersey or singlet that is basically identical in color and style to those worn by his/her teammates. The team jersey must be clearly visible throughout the race. This means the team jersey should be worn as the outside layer of clothing if other garments are worn during the race. Athletes who are unattached or who compete for a team not in team competition may wear apparel as long as it is safe, not offensive, and has the athletes bib number attached to the outside layer.

Race Information

Race Schedule

Age Group	Race Time	Approx. Distance
8 & Under Boys	9:30am	2000m
8 & Under Girls	9:45am	2000m
9-10 Boys	10:00am	3000m
9-10 Girls	10:20am	3000m
11-12 Boys	10:40am	3000m
11-12 Girls	11:00am	3000m
13-14 Boys	11:20am	4000m
13-14 Girls	11:40pm	4000m
15-16 & 17-18 Boys & Girls	12:00pm	5000m

There may be two races for 15-18

Course walk is at 8:30am.

Coaches Meeting is at 9:00am at the finish line.

Race schedule time is approximate and is subject to change.

Packet & Bib Pick Up

Day of race starting at 7:45am and on 11/19 from 4:00-6:00pm at the Hampton Inn - Parsippany.

Results

Official results will be available after each race and posted on the side of the snack stand. The results will also be posted online within 72 hours at www.usatfnj.org under Youth Athletics.

Awards

Junior Olympic Medals awarded to the Top 20 athletes in each age division.

Protests

Protests relating to matters which developed during the conduct of the competition must be made to the Referee at once and no later than one hour after a result has been announced. The fee to file a protest is \$100. The fee will be returned if the protest is upheld. Please note under USATF Rule 119.4 when considering the use of video/photo footage for protests.

Course and Hotel Information

Central Park of Morris County (Greystone)- Morris Plains, NJ

<http://morrisparks.net/index.php/parks/central-park-of-morris-county>

Course Description

The course is a true cross country course. It is made up of three different terrains, gravel, grass and natural trail surfaces.

Directions

GPS Address: 91 Central Avenue, Parsippany, NJ 07054.

Parking

Parking is available on site in parking lots or by parking along Central Avenue through the park. Please obey all speed limits and do not speed. You will be pulled over and receive a speeding ticket. The speed limit is 25 MPH.

Concession Stand & Merchandise

There is a limited concession stand at the course. Merchandise will be available for sale beginning at 8:00am.

Race Headquarters & Accommodations

Hotel rooms are available for reservation on or before November 19, 2016. The rooms are reserved under USA Track & Field at:

Hampton Inn - Parsippany
One Hilton Court
Parsippany, NJ 07054

Please visit the webpage below to receive the special group rate:

http://hamptoninn.hilton.com/en/hp/groups/personalized/P/PRNHCHX-US1-20161117/index.jhtml?WT.mc_id=POG

Pre-race packet & bib pickup will be at the Hampton Inn – Parsippany on Saturday, November 19th from 4:00pm-6:00pm in the lobby.

Course walk's are accessible until sunset.