

**USATF NEW JERSEY OPEN, MASTERS, MEN & WOMEN
OUTDOOR TRACK & FIELD CHAMPIONSHIPS AND CLUB CHAMPIONSHIPS**

FRIDAY, MAY 29, 2015 AND SUNDAY, MAY 31, 2015

Thomas Edison Park (adjacent to Middlesex County College in Edison)
Main Entrance off of Mill Road in Edison, NJ

Order of Track Events

Friday: 6:30pm 3000m Steeple (M)(MM)
3000m Steeple (W)
2000m Steeple (MM)(MW)
2000m Steeple (Ages 14-19)
5000m Race Walk (M)(W)(MM)(MW)
5000m Run (NBGP-500pts)
Sunday: 8:30am 10,000m Run (NBGP-500pts)
10:00am 100m Trials
10:45am 110mH, 100mH – Trials (or FOT)
80M Hurdles (30") - FOT
11:45am 800m
12:30pm 110mH, 100mH – Finals
1:00pm 200 & 300H (30") 400H (30", 33", 36")
1:30pm 100m Finals
1:45pm 400m
2:30pm 1500m
3:30pm 200m
4:15pm 4x800, 4x100, 4x400, SMR, DMR

Order of Field Events

Friday: 6:30pm- Javelin open to oldest (thrown off of grass)
Sunday: 8:30am- Hammer open to oldest
8:30am- All Long Jump
9:30am- Masters Men & Women Shot Put
Open Men & Women Shot Put
11:30am- Masters Men & Masters Women Discus
Open Men & Open Women Discus
11:30am- Pole Vault-All ages- low to high
Noon- High Jump-All ages- low to high
2:00pm- All Triple Jump

Meet Information

- **Final schedule of events will be posted 5/28 at Noon.**
- PRE-REGISTRATION ONLY. NO MEET DAY ENTRIES.
- Entry Deadline: received by 5/25 or online 5/26 by 12:00PM.
- Individual: \$15 first event, \$10 each additional event.
- Relays: FREE to all teams if all runners on the team are entered in another event or \$25 per relay, day of meet only, entries close by 3:00pm.
- On site Bib pick up begins at 6:00pm Friday and 7:30am Sunday.
- Only 1/4 "pyramid spikes allowed except on the grass for the Javelin runway.
- Age groups may be combined in some events if entries warrant.
- All rules, including hurdle heights and implement weights, according to USATF Competition Rules.
- Vertical jumps will start at a low height and move upward; bars will not be lowered after event begins.
- USATF-NJ and USATF-non-NJ will be mixed seeded.
- If you miss your call you forfeit that start or that attempt.
- Events may run ahead or behind schedule!
- Scoring for club awards based on 5-3-2-1. Scoring for USATF-NJ teams only.

Age Groups

Open: 14+ for women, 16+ for men
Masters: 5 year age groups starting at age 30.

An active 2015 USATF Membership is **REQUIRED** and available at www.usatf.org

Awards

- Medals to top 3 USATF New Jersey athletes.
- Medals to USATF-non-NJ athletes in the top 3.
- Patch to winning USATF-NJ athletes (one patch per athlete).
- Awards for top combined, open and masters' club.



Online Registration Link:

<https://www.usatf.org/Products---Services/Event-Registration-Form.aspx?e=105312>

For directions visit: <http://tricountynj.com/directions/edisonpark.html>

For questions or more information please contact USATF-NJ at (973) 334-8900 or usatfnj@hotmail.com

MAKE CHECKS PAYABLE and MAIL ENTRIES TO: USATF-NJ, P.O. Box 330, Boonton, NJ 07005

No Refunds. Registrations are not transferable.

1. _____ & _____ 2. _____ & _____ 3. _____ & _____ 4. _____ & _____ 5. _____ & _____
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Last Name First Name 2015 USATF Number REQUIRED Member Association

Street Address City State Zip Code

Phone Date of Birth Age on Event Day Gender Name of USATF Club

IN CONSIDERATION FOR MY ENTRY BEING ACCEPTED, I INTENDING TO BE LEGALLY BOUND FOR MYSELF, MY HEIRS, EXECUTORS, AND ADMINISTRATORS, WAIVE AND DISCHARGE ANY AND ALL RIGHTS, CLAIMS, AND DAMAGES, WHICH I HAVE, OR WHICH MAY ACCRUE TO ME AGAINST USA TRACK & FIELD, THE NEW JERSEY ASSOCIATION OF USATF, INC., THOMAS EDISON PARK, COUNTY OF MIDDLESEX OR THEIR RESPECTIVE OFFICERS, AGENTS REPRESENTATIVES SUCCESSORS OR ASSIGNS, FOR ALL DAMAGES WHICH MAY BE SUSTAINED AND SUFFERED BY ME IN CONNECTION WITH THEIR ENTRY IN AND ARISING OUT OF MY TRAVEL TO PARTICIPATION IN, AND RETURN FROM THIS INDOOR TRACK & FIELD MEET.

SIGNATURE OF ATHLETE

IF UNDER 18, SIGNATURE OF PARENT OR LEGAL GUARDIAN

DATE