



**LDR Meeting  
Madison Area YMCA  
111 Kings Road  
Madison, NJ 07940  
Monday, September 25, 2017**

- I. Sign-in sheet in lieu of roll call: Attendees:**
- II. Introductions**
- III. Minutes from previous meeting**
  - The minutes from the May 18, 2017 LDR meeting were approved
- IV. 2017 Championships Review and Discussion:**
  - Discussion regarding 2017 Championships:
    - Ridgewood 10K- Masters Men and Women
    - New Milford 5k- Masters Women
      - The overlap with the NJ Association T&F Outdoor Championship was discussed. The dates will be coordinated in the future and NJ Association event dates will be noted on the LDR Championship bid form
    - Lager Run- Open Men
      - Race was well attended and this event was one of our members favorite races according to our survey data.
      - It was noted that the requested shirt sizes for preregistered runners were not available for those that picked up closer to race time.
    - Midland Mile
      - The early pickup on race day had our members that were in the later races have to show up early and wait around until their race.
      - This year the start of the various races was better coordinated.
      - An awards table like Ridgewood does may be an option to waiting around for the last race to be completed before the results are announced.
    - 5Km Cross Country-Natirar

- Race had more day of registrants than anticipated. We could have used more assistance at registration.
  - Newport Half Marathon
    - The weather conditions this year were a challenge
- Discussion regarding COED Team competition at President's Cup 5k.
  - The weather impacted the races attendance this year.
  - We had 9 teams in both the Open and Masters categories.
  - The team scoring and declared total could be adjusted if this is something we want to continue to have.
- Discussion about 2017 LDR Surveys
  - We have been getting a good number of responses to our surveys
  - It was noted that when a survey is issues the overwhelming majority of responses are in the first two days. After 5 days there are very few responses even when reminders are issued.

#### V. Remaining 2017 Championships:

- Little Silver 5k-Women's Championship- 10-1-17
- 8k XC Readington 10-22-17
  - The course will be ta three loop course
- Giralda Farms 5k Masters Men-11-12-17
  - The race will be using the 'Pfizer course for the 5k rather than the Giralda 5k course.
- Ashenfelter 8k-11-23-17
  - It was discussed that the race should consider having an awards table like Ridgewod so winners can pick up their awards and go home since it is a holiday.

#### VI. 2017 Individual and Team Grand Prix Rule Changes will be accepted and discussed

- Proposal was made by John Sabatino to eliminate the Road Mile from the Team Grand Prix. The Mile could still be a championship with a team component but would not be part of the team points accumulated at the various championship races during the year. **See Attachment A**
- Rule was proposed by Ed Neighbour to add the COED Teams to the Team Grand Prix. **See Attachment B**
- A proposal was made by Madeline Bost to divide the Masters Team Divisions into five year divisions the way that the Individual Masters age divisions are done. **See Attachment C**
- A proposal was made by Dave Siconolfi to increase the women's team number of scoring from 3 to 4. It was noted that the number of teams being submitted n the W40 has grown and has sometimes been double the number of M40 teams which requires 5 scoring members. **See Attachment D**
- A proposal was made by Ed Neighbour to the team declaration requirements for the A, B ,C etc. teams. In order to mitigate the disparity between the large clubs and small clubs the rosters would need to be filled out to hit the maximum number of declared members on a team before another team could be formed. This proposal has been withdrawn from consideration in order to rework for possible reintroduction for 2019.
- Gary Rosenberg brought a proposal in which the Teams would be automatic for the individual runners that register for the race would automatically be placed on the team roster in their current division. Team captains could override the placement through

submission of predeclared teams or a Team declaration on race day prior to the race. There were questions raised on how this would be done logistically through the timing company. No additional clarification or guidance was provided with regard to the proposal. This will need to be submitted in 2018 if it is to be considered for 2019.

## **VII. New Business**

- Volunteers for Shades of Death Half Marathon and Devils Run 10-8-17. Allamuchy, NJ. Contact Terry Mullane UASTF NJ Office.
- All LDR Committee positions will be using the legacy email system rather than personal emails going forward. Members are encouraged to use these emails when contacting the LDR Committee.
- Championship Policy regarding Team updates following a Championship event. All requests for updated to team results are to go through the LDR Division. Email [ldrdivision@newjersey.usatf.org](mailto:ldrdivision@newjersey.usatf.org). Compuscore and any company doing timing for an event are not to be contacted directly. They have been directed that updates can only be authorized by The LDR Division /Association Office.
- The Cross Country options for venues was discussed. It was noted that the Petty School which uses their Golf Course for XC would be interested in having USATF NJ hold a championship (October 8k). It was also noted that Central Park in Morris Plains has improved the Cross Country Course and could be a possible venue.

## **VIII. Adjourn**

Attachment A:

# 2018 USATF-NJ Club Grand Prix (Proposal)

## Encompassing Team and Overall Club Championships.

### Rules & Regulations

A. Scoring

A. Events designated as the Championship race for a distance will automatically include a team championship. The USATF-NJ Club Grand Prix will have the following team categories at the designated USATF-NJ championship event:

1. Open Men and Open Women
2. Masters 40-49 Men and Women
3. Masters 50-59 Men and Women
4. Masters 60-69 Men and Women
5. Masters70-79 Men and Women
6. Masters 80-89 Men and Women

Scoring

A. Events designated as the Championship race for a distance will automatically include a team championship. **The Road Mile distance Team Championship will be excluded from Club Grand Prix scoring** The USATF-NJ Club Grand Prix will have the following team categories at the designated USATF-NJ championship event:

1. Open Men and Open Women
2. Masters 40-49 Men and Women
3. Masters 50-59 Men and Women
4. Masters 60-69 Men and Women
5. Masters70-79 Men and Women
6. Masters 80-89 Men and Women

**Submitted by John Sabatino**

*Rational: While the national rules do state there is such a thing as a mile road race, this is a short race and many fellow competitors don't consider this to be a LDR event. Additionally, many clubs do field teams but numerous members run long the day before or even the day of. To help with injury's and clubs being forced to put in a team, the mile should be dropped from the Team Grand Prix Standings.*

Attachment B:

# 2018 USATF-NJ Club Grand Prix (Proposal)

## Encompassing Team and Overall Club Championships. Rules & Regulations

### B. Scoring

A. Events designated as the Championship race for a distance will automatically include a team championship. The USATF-NJ Club Grand Prix will have the following team categories at the designated USATF-NJ championship event:

1. Open Men and Open Women
2. Masters 40-49 Men and Women
3. Masters 50-59 Men and Women
4. Masters 60-69 Men and Women
5. Masters 70-79 Men and Women
6. Masters 80-89 Men and Women

B. Clubs may field any number of teams. On or before race day, teams may declare up to the following number of runners. To be scored teams must have the indicated number of finishers:

1. Open Men and Open Women: Declare 10, Score 5
2. Masters Men 40-49 and 50-59: Declare 10, Score 5
3. Masters Women (all ages): Declare 6, Score 3
4. Masters Men 60-69, 70-79 and 80-89: Declare 6, Score 3

C. **The LDR Committee may designate a COED Team Division in a Championship Race Distance. The COED Teams will be in Open and Masters Divisions. To be scored teams must have the indicated number of finishers:**

1. **COED Open: Declare 5 men and 5 women, Score 3 men and 3 women. Open COED Teams will be scored by time or place.**
2. **COED Masters: Masters teams shall be age 40+ inclusive of all masters age divisions. Declare 5 men and 5 women, Score 3 men and 3 women. Masters Teams shall be scored using the current plp age graded tables.**

D. Open Men and Open Women, Masters Men 40, Masters Men 50 and **COED Open and COED Masters Teams** are scored in LDR Championship races in their division using the following point system:

1. First place team: 12 points
2. Second place team: 10 points
3. Third place team: 8 points
4. Fourth place team: 7 points
5. Fifth place team: 6 points
6. Sixth place team: 5 points
7. Seventh place team: 4 points
8. Eighth place team: 3 points
9. Ninth place team: 2 points
10. Tenth place **through final place** team: 1 point

J. Masters athletes may compete in a maximum of two different team divisions; either two age divisions or one age division and one Open. **The Open and Masters COED Team divisions shall be considered separately and shall not count towards the two team maximum. Open runners may compete in an Open team of their gender as well as on a COED Team**

**Proposal by Edward Neighbour:**

*Rational: In order to add an additional dimension to our Club Grand Prix. This is an add on to the traditional Men's and Women's Teams for the providing different types of Team competition to the New Jersey Associations Team Grand Prix. The intent would be to have this as a separate race competition in the various distance categories rather than as another part of a designated Championship.*

**Attachment C:**

# **2018 USATF-NJ Club Grand Prix (Proposal)**

## **Encompassing Team and Overall Club Championships.**

### **Rules & Regulations**

Current Rule:

C. Scoring

- A. Events designated as the Championship race for a distance will automatically include a team championship. The USATF-NJ Club Grand Prix will have the following team categories at the designated USATF-NJ championship event:
1. Open Men and Open Women
  2. Masters 40-49 Men and Women
  3. Masters 50-59 Men and Women
  4. Masters 60-69 Men and Women
  5. Masters70-79 Men and Women
  6. Masters 80-89 Men and Women
- B. Clubs may field any number of teams. On or before race day, teams may declare up to the following number of runners. To be scored teams must have the indicated number of finishers:
1. Open Men and Open Women: Declare 10, Score 5
  2. Masters Men 40-49 and 50-59: Declare 10, Score 5
  3. Masters Women (all ages): Declare 6, Score 3
  4. Masters Men 60-69, 70-79 and 80-89: Declare 6, Score 3

**Proposal by Madeline Bost:**

*Rational: This will bring teams in line with the Individual Masters age divisions which are done in five year divisions. If age grade tables compared the Masters performance level drops considerably once you get into the 50 year age divisions and higher. In order to create more competitive master's team divisions it is proposed to bring our team completion age divisions into line with the Individual age divisions.*

## B. Scoring

A. Events designated as the Championship race for a distance will automatically include a team championship. The USATF-NJ Club Grand Prix will have the following team categories at the designated USATF-NJ championship event:

1. Open Men and Open Women
2. **Masters 40-44 Men and Women**
3. **Masters 45-49 Men and Women**
4. **Masters 50-54 Men and Women**
5. **Masters 55-59 Men and Women**
6. **Masters 60-64 Men and Women**
7. **Masters 65-69 Men and Women**
8. **Masters 70-74 Men and Women**
9. **Masters 75-79 Men and Women**
10. **Masters 80-84 Men and Women**
11. **Masters 85-89 Men and Women**

B. Clubs may field any number of teams. On or before race day, teams may declare up to the following number of runners. To be scored teams must have the indicated number of finishers:

1. Open Men and Open Women: Declare 10, Score 5
2. **Masters Men and Women (all ages): Declare 6, Score 3**

## Current Scoring for teams

E. Open Men and Open Women, Masters Men 40 and Masters Men 50 Teams are scored in LDR Championship races in their division using the following point system:

1. First place team: 12 points
2. Second place team: 10 points
3. Third place team: 8 points
4. Fourth place team: 7 points
5. Fifth place team: 6 points



6. Sixth place team: 5 points
7. Seventh place team: 4 points
8. Eighth place team: 3 points
9. Ninth place team: 2 points
10. Tenth place through final place team: 1 point

F. Masters Women 40 and Masters Men 60 Teams are scored in LDR Championship races in their division using the following point system:

1. First place team: 10 points
2. Second place team: 8 points
3. Third place team: 6 points
4. Fourth place team: 5 points
5. Fifth place team: 4 points
6. Sixth place team: 3 points
7. Seventh place team: 2 points
8. Eighth place through final place team; 1 point

G. Masters Women 50 Teams are scored in LDR Championship races in their division using the following point system :

1. First place team: 9 points
2. Second place team: 7 points
3. Third place team: 5 points
4. Fourth place team: 4 points
5. Fifth place team: 3 points
6. Sixth place team: 2 points
7. Seventh through final place place team: 1 point

H. Masters Women 60, Masters Men and Women 70 and Masters Men and Women 80 Teams are scored in LDR Championship races in their division using the following point system:

1. First place team: 6 points
2. Second place team: 4 points

3. Third place team: 3 points
4. Fourth place team: 2 points
5. Fifth place through final place team: 1 point

Proposed adjustments to Scoring based on Masters Team Divisions being done in five year increments::

**E. Open Men and Open Women Teams** are scored in LDR Championship races in their division using the following point system:

1. First place team: 12 points
2. Second place team: 10 points
3. Third place team: 8 points
4. Fourth place team: 7 points
5. Fifth place team: 6 points
6. Sixth place team: 5 points
7. Seventh place team: 4 points
8. Eighth place team: 3 points
9. Ninth place team: 2 points
10. Tenth place through final place team: 1 point

**F. Masters Men and Women Teams 40-44, 45-49, 50-54, 55-59 and Masters Men 60-64 and 65-69 Teams** are scored in LDR Championship races in their division using the following point system:

1. **First place team: 10 points**
2. **Second place team: 8 points**
3. **Third place team: 6 points**
4. **Fourth place team: 5 points**
5. **Fifth place team: 4 points**
6. **Sixth place team: 3 points**
7. **Seventh place team: 2 points**
8. **Eighth place through final place team; 1 point**

**G. Masters Women 60-64, 65-69 and Masters Men and Women Teams 70-74-75-79, 80-84 and 85-89 are scored in LDR Championship races in their division using the following point system :**

1. **First place team: 6 points**
2. **Second place team: 4 points**
3. **Third place team: 3 points**
4. **Fourth place team: 2 points**
5. **Fifth place through final place team: 1 point.**

**Attachment D:**

# **2018 USATF-NJ Club Grand Prix (Proposal)**

## **Encompassing Team and Overall Club Championships. Rules & Regulations**

Current Rule:

D. Scoring

- A. Events designated as the Championship race for a distance will automatically include a team championship. The USATF-NJ Club Grand Prix will have the following team categories at the designated USATF-NJ championship event:
1. Open Men and Open Women
  2. Masters 40-49 Men and Women
  3. Masters 50-59 Men and Women
  4. Masters 60-69 Men and Women
  5. Masters 70-79 Men and Women
  6. Masters 80-89 Men and Women
- B. Clubs may field any number of teams. On or before race day, teams may declare up to the following number of runners. To be scored teams must have the indicated number of finishers:
1. Open Men and Open Women: Declare 10, Score 5
  2. Masters Men 40-49 and 50-59: Declare 10, Score 5
  3. Masters Women (all ages): Declare 6, Score 3
  4. Masters Men 60-69, 70-79 and 80-89: Declare 6, Score 3

**Proposal by David Siconolfi:**

*Rational: The number of W40 teams has been growing to the point where it exceeds the M40 teams by a substantial total number of teams. The proposal increases the number of scoring members on the W40 Team.*

A. Clubs may field any number of teams. On or before race day, teams may declare up to the following number of runners. To be scored teams must have the indicated number of finishers:

1. Open Men and Open Women: Declare 10, Score 5
2. Masters Men 40-49 and 50-59: Declare 10, Score 5
3. **Masters Women 40-49 and above: Declare 8, Score 4**
4. Masters Women 50-59 and above: Declare 6, Score 3
5. Masters Men 60-69, 70-79 and 80-89: Declare 6, Score 3