

USATF-NJ Open & MASTERS 5K CROSS COUNTRY CHAMPIONSHIPS

Sunday – September 14th
5 km Championships
Open & Masters Women & Men
Deer Path Park, Readington

Registration: 8:30am

USATF-NJ Open Championship 10:00 a.m.
 Awards 12:00 p.m.

Pre-Entry received by Sept. 9th Race Day

USATF-NJ: \$15 \$20
 All Others: \$18 \$25

Online Registration Available at <https://www.usatf.org/Products---Services/Event-Registration-Form>.

USATF-NJ Championship Awards to USATF-NJ members and USATF-NJ member clubs

Individual: Top 8 Open (16–39 years) and Top 3 Masters in 40+ 5year age groups
 Top 3 Junior (14-19) Men & Women-New Catagory!

Team: Top 3 Open and Masters Age Group teams in each division:
 Men: Open, 40's, 50's (declare up to 10; score 5); Men 60's (declare up to 8, score 4); Men 70's, 80's(declare up to 6; score 3)
 Women: Open (declare up to 10; score 5); 40's, 50's, 60's, 70's, 80's+ (declare up to 6; score 3)



Directions to DEER PATH PARK: 120 West Woodschurch Rd, Flemington, NJ 08822 **From the Flemington circle:** (which is at Route 31 & Route 202) go North on Route 31 towards Clinton. After approx. 4 miles, turn Right onto W. Woodschurch Road. Park entrance will be on your right. **From Route 78 West:** Merge onto 523 S at exit #24 toward Whitehouse. At Rt 22, go East for approx 1/4 mile, then turn Right to continue onto 523/Main St. Go just over 5 1/2 miles and then turn Right onto Woodschurch Rd. Turn Left onto W. Woodschurch Rd. The park entrance is on your left.



NO HEADPHONES ALLOWED DURING THIS RACE!

Floor of 300 Points!

Information: www.usatfnj@usatfnj.org, or 973-334-8900

Floor of 300 Points!

Check or Money Order MUST Accompany Entry
Mail Entries Payable To: USATF-NJ Cross Country 5 km, P.O. Box 330, Boonton, NJ 07005

Last Name: _____ First Name: _____ Gender: _____

Address (w/Apt. No.): _____

Town/City: _____ State: _____ Zip: _____

2014 USATF-NJ# _____ Telephone: _____

Date of Birth: ____/____/____ Age on Race day: _____

**No refunds or transfers
for any reason.**

In consideration of accepting this entry I hereby waive and release all rights and claims for damages I may have against, USA Track & Field Inc., the New Jersey Association of USA Track & Field, Inc., New Balance North Jersey, Hunterdon County Park System, Hunterdon County Dept. of Recreation, their staff, administration, volunteers, officials and any representatives, for all injuries by me in said event. Furthermore, I state that I have trained for and I am physically capable of successfully completing this race.

SIGNATURE (Parent or Guardian if Under 18) _____