

USATF-NJ Open & Masters Women & Men 5k Cross Country Championships



Sunday – August 28, 2016
Thompson Park/Monroe Township, NJ

Registration: 7:15am
USATF-NJ Open/Masters Championship: 8:45am
Awards: 10:30am

Pre-Entry received by August 23RD *Race Day:*
USATF-NJ Members: \$18 USATF-NJ Members: \$21
All Others: \$21 All Others: \$25



Online Registration: <https://www.usatf.org/Products---Services/Event-Registration-Form.aspx?e=108779>

There is no service fee for online registration

USATF-NJ Championship Awards to USATF-NJ members and USATF-NJ clubs

Individual: Top 8 Open (16-39 years)

Top 3 Masters in 40+ 5-year age groups Men & Women

Top 3 Junior (14-19) Men & Women

Team: Top 3 Open and Masters Age Group Teams in each division

Men: Open, 40's, 50's (declare up to 10; score 5); Men's 60's; Men's 70's, 80's (declare up to 6; score 3)

Women: Open (declare up to 10; score 5); 40's, 50's, 60's, 70's, 80's+ (declare up to 6; score 3)

Directions to Thompson Park:

Monroe Township and Borough of Jamesburg

Intersection of: Lakeview Drive and Forsgate Drive / Perrineville Road and Schoolhouse Road

For directions to Thompson Park please visit:

<http://www.middlesexcountynj.gov/About/ParksRecreation/Pages/PR/ThompDirections.aspx>

For information or questions please contact: usatfnj@hotmail.com or 973-334-8900

No Headphones allowed during this race!

Check or Money Order MUST accompany entry form

Mail Entries Payable to: USATF-NJ XC 5k, 150 River Road, Suite N-3, Montville, NJ 07045

Last Name: _____ First Name: _____ Gender: _____

Address: _____ Date of Birth: _____

Town/City: _____ State: _____ Zip: _____ Age on Race Day: _____

2016 USATF-NJ#: _____ Telephone: _____

In consideration of accepting this entry I hereby waive and release all rights and claims from damages I may have against, USA Track & Field, Inc., the New Jersey Association of USA Track & Field, Inc., New Balance North Jersey, Middlesex County Park Commission, their staff, administration, volunteers, officials and any representative, for all injuries by me in said event.

Furthermore, I state that I have trained for and I am physically capable of successfully completing this race.

Signature (Parent or Guardian if under 18 years old)

Date